# Lineage Tree



Lesson written by Gaby Rodriguez

**Teaching Artist at Asolo Repertory Theatre** 

NAME:\_

## What makes you, YOU?

From the moment you are born the world around you is constantly shaping you, even when we don't realize it. We all grow up to be who we are because of the influences of people, places, things, experiences, and ideals that surround us. In this activity, we call those influences your **lineage**. In order to look at our lineage as a whole and see what has shaped our journeys till this day, we are going to create a **Lineage Tree**.

A **lineage tree** is a way for us to look at our lives as a big strong tree, and see all the major influences in our personal world. Use this worksheet as a guide for creating your own lineage tree. Need a reminder of what this looks like? You can see Gaby's example below.

#### 1. Define Lineage

The dictionary defines lineage as: "Noun. The series of families someone comes from originally; ancestry."

In this activity we define lineage to be, "All the things that influence and shape you including your ancestry, culture, and current situations."



What else would you include in our definition of lineage?





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## 2. Brainstorming Your Lineage.

Put a timer on for 5 minutes. Then, use this time to fill in the columns below with all the things that are important to you or that influence you in each category.

People	Places	Things	Ideas

Food	Traditions	Experiences	Media





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## 3. Decide Where Things Fit in Your Tree

Use the lists you just built to decide which part of the tree everything belongs in. Fill in where you think everything belongs on the tree based on its importance to you.

## Examples:

- I was born and raised in Cuba, and my country has influenced me a lot. I'm going to put "Cuba" in my roots.
- My grandma is teaching me how to make tamales. That is also part of me, so I'm going to put "Tamales" on the leaves of my tree.
- **My Roots** (What you grow from, what holds you down, and the most important parts of you as a person).

• **My Trunk and Branches** (The people or things who hold you up. The things that you spend the most time on)

• My Leaves (Culture and experiences that surround you and shape who you are)



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## 4. Create your tree.

Use the back of this paper to draw a tree, pull a clip art tree from the internet, or create a tree in a different medium.

## 5. Fill in the Tree

Take the words from each section and put them on to your tree. You could use "Word" to put in a text box over an image, make labels like Gaby, or draw the words as a part of the tree.

There you have it! That is your one of a kind Lineage Tree! Use it as a way to always remember who you are and where you come from.

**Take it Further:** Use these same steps to create a lineage tree for all the other characters in *Hamlet*.

